

BAL SAHYOG

NEWSLETTER

APRIL 2025 TO SEPTEMBER 2025

Bal Sahyog was founded as a pious endeavor by the former Prime Minister of India, Smt. Indira Gandhi in 1954 for care and protection of the helpless, orphan, abandoned, runaways and vulnerable children and the children rescued from child labour. Bal Sahyog provides round the clock services of shelter, nutrition, medical care, clothing, education, vocational training, recreational and over all amenities to more than 125 children within its Children's Home. Honorable Prime Minister of India is the Patron of Bal Sahyog.

In its endeavor to holistic development of children in need and collective action, Bal Sahyog has been networking and collaborating with different child care Institutions, government Institutions, law enforcement agencies, donor agencies, non-government organizations, civil society organizations, opinion makers and individuals for the same. It is located in a campus of 1.67 acres in Connaught Place, New Delhi.

FURTHERMORE...

It has also established Bal Sahyog Middle School aided by Govt. of NCT of Delhi within its campus. Bal Sahyog is governed by General Committee of 25-30 members nominated by the Prime Minister Office. These members are eminent persons from different fields including current and retired bureaucrats, academicians and social workers.

BULDING A BETTER WORLD FOR THE CHILDREN.



General Committee

- Smt. Sunita Bhasin, Chairperson
- Shri. Ashok Kumar, General Secretary
- Dr. Uma Tuli
- Smt. Razia Sultan Ismail
- Dr. Jyotsna Chatterji
- Shri. Sanjai Kumar Srivastava
- Dr. Yogender Pal Anand
- Dr. Shashi Prabha Gupta
- Chief Secretary, Govt. of NCT of Delhi
- Joint Secretary, Ministry of Social Justice & Empowerment, Gol
- Joint Secretary(L&W), Ministry of Urban Development, Gol
- Joint Secretary (SE-II), Ministry of Human Resource Development Gol
- Joint Secretary (Sports), Ministry of Youth Affairs & Sports, Gol
- Joint Secretary (NYKS/Dev.), Ministry of Youth Affairs & Sports, Gol
- Joint Secretary, Ministry of Labour & Employment, Gol
- Joint Secretary (Rural Livelihood) Ministry of Rural Development, Gol
- Dr. Manjula Chakarvarty
- Shri. Sunder Lal
- Shri. M. S. Negi
- Dr. U. N. B. Rao, (Retd. IPS)
- Dr. Gautam Vohra
- Dr. Santosh Jain Passi
- Shri Kiremwati (Executive Director & Member Secretary)



Kiremwati

Executive Director

As we pause to reflect on the last six months at Bal Sahyog, I am filled with profound pride and gratitude for the incredible journey we've shared together. Through our collective efforts, we've made meaningful progress in empowering vulnerable children, providing them with education, care, and the opportunity to build brighter futures.

This progress would not have been possible without the steadfast support of our donors and stakeholders. Your generous contributions—both financial and beyond—have been essential in driving our mission forward and enabling us to make a tangible difference.

We deeply appreciate your unwavering commitment and stand united in our vision for lasting change. With your continued support, we look forward to transforming the lives of even more children in the months and years ahead.

With heartfelt thanks and appreciation.

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Key Highlights

- In the last six months total of 34 children from Open Shelter and 06 from Shelter home were restored and rehabilitated.
 - Bal Sahyog Children's Home has covered 161 children in need of care and protection including Open Shelter and Shelter home. We have provided shelter, nutrition, education, health care, counseling, vocational training, computer skills and recreational facilities.
 - Covered More than 300 children under computer literacy Program and more than 100 children under tuition sponsorship program by ESSEL foundation.
 - Children participated in more than 27 activities including events, festivals and exposure visits.
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Month	Total Number of Children in the beginning of the month	New Admission	Restored and Released	Transferred and Escort	Missing/ Runaway	number of children in the end of the month
April	49	1	4	2	0	44
May	44	8	0	0	0	52
June	52	1	2	2	0	49
July	49	2	0	0	0	50
August	50	5	0	1	0	54
September	54	7	0	0	0	61

ABOUT



Children Home

During the last 6 months 161 children stayed at Bal Sahyog Shelter Home, out of which 40 children were successfully restored to their families from the order of CWC (Child welfare Committee or after they completed 18 years of age.

Bal Sahyog runs a Children's Home for 125 children consisting of a Shelter Home for 100 children and an Open Shelter for 25 children. It also runs a Middle School for providing education to the children of Shelter Home and immediate neighborhood for class VI, VII and VIII. An eight bedded dispensary for taking care of the health needs, a well-furnished modular kitchen, large dining hall and sufficient space for recreation and sports, etc. have been provided on its campus at Connaught Place for the children of the Bal Sahyog.

Month	Total Number of Children in the beginning of the month	New Admission	Restored and Released	Transferred and Escort	Missing / Run-away	number of children in the end of the month
April	21	9	7	03	0	20
May	20	9	11	01	0	17
June	17	14	10	02	0	19
July	19	07	04	06	0	16
August	16	03	02	01	0	16
September	16	14	04	02	0	23

ABOUT



Open Shelter

During the last 6 months 72 children stayed at Bal Sahyog Shelter Home, out of which 38 children were successfully restored to their families.

The children in need of care and protection are provided with health care, counseling support and opportunity for residential stay for a short time at Bal Sahyog. These children are brought in from the nearby locality and produced before the Child Welfare Committee (CWC) where the first choice is made with the child's best interest as its top priority.

Activities at Bal Sahyog

MORNING ASSEMBLY

BAL SAHYOG CELEBRATES VARIOUS ACTIVITIES AND FESTIVALS FOR THE CHILDREN TO FOSTER A SENSE OF NORMALCY, BELONGING, AND HAPPINESS, PROMOTING THEIR OVERALL WELL-BEING AND DEVELOPMENT.

Birthday celebration

Birthday Celebration is also among one of the major routine activity performed on 3rd of every month. During the last six months Bal Sahyog celebrated the birthdays of all children who had birthdays within the month to bring smiles and pleasure of happiness among the children..



All of the Bal Sahyog children congregate for the morning assembly each day. The assembly starts with a prayer, and then staff members from Bal Sahyog's open shelter and children's homes empower the children with inspirational speeches. Children also talk about their problems so that they can be fully examined. The Assembly ends with the National Anthem being sung by everyone in the audience.

Special Meal



ON EVENTS AND FESTIVALS

Festivals require special delicacies, and our boys adore eating the mouthwatering meals made on these significant days. This is made possible by our great supporters and contributors, who contribute to us by sponsoring meals with cash or in-kind gifts. To do this, they prepare some treats in the kitchen or have the sponsors' families send them, which the children enjoy.

ABOUT MENU

The menu for this special lunch is unique and offers a variety of delectable dishes, including halwa, kheer, sewinyan, paneer dishes, rayata, and dal makhni, among others. There were 61 special meals donated throughout the past six months, including breakfast, lunch, and dinner.



EVENTS AND FESTIVAL

DRAWING COMPETITION BY BHUMI ORGANIZATION

On 17th May 2025, Bhumi NGO organized a drawing competition for the children of Bal Sahyog. The event was filled with creativity and joy, as the young participants showcased their artistic talents. To make the day even more special, Bhumi NGO also distributed gifts and snacks, spreading smiles among the children and ensuring they had a memorable experience.



FUN ACTIVITIES BY HDFC BANK

On 17th May 2025, HDFC Bank organized an event for the children of Bal Sahyog, where a variety of fun activities were conducted to bring smiles to their faces. The day was filled with laughter and excitement as the children engaged in games, creative workshops, and interactive sessions. During the end of the event gifts were distributed to the children.

SESSION ON TEAM WORK

On June 20, 2025, Ashwika Foundation organized an insightful session on the topic of "Teamwork" for the children at Bal Sahyog. Held at the Bal Sahyog center, the session aimed to foster essential skills such as collaboration, communication, and mutual support among the children. Through engaging activities and discussions, the children were encouraged to work together, understand each other's strengths, and learn the value of collective effort.



SESSION ON KNOWING YOURSELF BY CLAN, DELHI

On June 28th and on 12th July, 2025, CLAN Delhi organized an insightful session titled "Knowing Yourself: Understanding Your Strengths and Weaknesses and Learning to Understand Others" for the children of Bal Sahyog. The session, held at the Bal Sahyog center, aimed to help the young participants explore their personal qualities, identify their strengths and areas for growth, and develop empathy towards others. Through interactive activities and discussions, the children were encouraged to reflect on their own experiences while also learning how to better understand and connect with those around them. The session proved to be an enriching experience for the children,.



SESSION ON GOOD TOUCH AND BAD TOUCH



On June 16, 2025, the DCPU-IX, Delhi organized an insightful session on the crucial topic of "Good Touch and Bad Touch" for the children of Bal Sahyog. Similarly, on June 9, 2025, the District Legal Service Authority (DLSA) conducted a session aimed at educating children about personal boundaries, safety, and recognizing inappropriate behavior. Both sessions sought to empower children with the knowledge and tools to protect themselves, fostering a deeper understanding of consent and respect in their daily interactions. Through interactive activities and open discussions, the children gained valuable insights into their rights and how to ensure their safety in various situations.

INTERNATIONAL YOGA DAY AT BAL SAHYOG

On June 21st, International Yoga Day was celebrated by the Morarji Desai National Institute of Yoga at Bal Sahyog, with a special focus on children. The event aimed to introduce young minds to the physical and mental benefits of yoga, fostering healthy habits from an early age. Through fun and engaging sessions, children were guided in various yoga asanas and breathing exercises, promoting both physical well-being and mindfulness.



AADHAAR CARD CAMP

On 8th July 2025, the New Delhi District Legal Services Authority, in collaboration with the Patiala Court, organized an Aadhaar card camp at Bal Sahyog. The camp focused on facilitating new enrolments, updates, and corrections to Aadhaar cards for children, ensuring that they have access to essential identification services. This initiative aimed to streamline the process and provide a valuable service to the community.



WORKSHOP ON HOW TO BE CALM

On 12th July 2025, Ashwika Foundation organized a workshop on the theme "How to Be Calm and Make Yourself Happy" at Bal Sahyog. The session, led by psychologist Arpana Khanna, aimed to teach children valuable techniques for managing stress and cultivating happiness. Through interactive activities and insightful discussions, the children learned practical tools for emotional well-being, helping them navigate challenges with a positive mindset.



BANK OF BARODA CELEBRATED FOUNDATION DAY

On 19th July 2025, Bank of Baroda celebrated its Foundation Day with a heartwarming event in collaboration with the children of Bal Sahyog. The bank spread joy by distributing gifts, sponsored a lunch, and provided evening snacks to the children. As part of the festivities, a plantation drive was held in the Bal Sahyog garden, symbolizing growth and care for the future.



WORLD YOUTH SKILL DAY AT BAL SAHYOG

On 15th July, Mera Yuva Bharat (MY Bharat) celebrated World Youth Skill Day by organizing a drawing competition, plantation drive, and snacks distribution at Bal Sahyog. The event aimed to engage and empower youth through creative expression and environmental awareness, while also providing a fun and uplifting experience for the children at the center. It was a day filled with enthusiasm and positive energy, as participants showcased their talents and contributed to a greener, more connected community.

KARGIL VIJAY DIWAS AT BAL SAHYOG

On 26th July 2025, at Bal Sahyog, Mera Yuva Bharat commemorated Kargil Vijay Diwas with a heartfelt tribute, lighting candles and offering prayers to honor the brave soldiers who sacrificed their lives during the Kargil War. The solemn event was followed by a plantation activity, symbolizing growth and remembrance, as the youth of the nation pledged to uphold the values of courage and patriotism.



GAIL CELEBRATES SWACHHTA PAKHWADA AT BAL SAHYOG

On 8th July 2025, GAIL India Ltd. organized a Swachhta Pakhwada event, where they distributed Swachhta kits to the children of Bal Sahyog. The event included a brief session highlighting the importance of hygiene in everyday life. The initiative aimed to raise awareness about cleanliness and personal hygiene, ensuring that the children understand the role these practices play in their health and well-being.



SESSION ON - UNDERSTANDING THE CONSTITUTION OF INDIA, RIGHT AND RESPONSIBILITY

On 14th August 2025, the Delhi State Legal Services Authority (DLSA) under its "Sewa Samadhan Samarpan" initiative organized a special session to mark the occasion of Independence Day. The session focused on the theme Understanding the Constitution of India, Rights and Responsibilities, which was followed by an engaging Essay Writing Competition. The event provided an insightful platform for participants to learn about their fundamental rights and duties as citizens of India. After the session, DLSA distributed evening snacks to all the children, creating a warm and festive atmosphere to celebrate the national occasion.



MAYA NIRULA AT BAL SAHYOG



Ice cream distribution

On 5th August 2025, Ms. Maya Nirula graciously visited the Bal Sahyog children's home and distributed ice cream to the children. The excitement among the kids was palpable as they eagerly lined up to receive their treat. With wide smiles and joyful laughter, the little ones savored the cool, sweet indulgence, creating a memorable moment for everyone. Ms. Nirula's gesture brought immense happiness, brightening the day for the children, many of whom rarely experience such treats.



Pizza distribution

Later, on 10th September 2025, Ms. Nirula returned to Bal Sahyog, this time with a delicious surprise for the children—pizzas! As she distributed the warm, cheesy slices, the children's faces lit up with pure delight. They thoroughly enjoyed the meal, chatting excitedly with their friends and savoring each bite. Her continuous support and kindness had a profound impact, filling the children with a sense of affection that will last long.



Independence Day Celebration



On 14th August 2025, Bal Sahyog Children joyfully celebrated Independence Day alongside Bal Sahyog's dedicated staff and enthusiastic students from Bal Sahyog's Middle School. The occasion was marked by a vibrant cultural program held within the premises, where the children actively participated and showcased impressive performances such as dance, songs, poems, skits, speeches, and more. Their heartfelt involvement and talent truly added to the spirit of the celebration, making the day memorable for everyone present.





BAL SAHYOG IN COLLABORATION WITH NAB

Music Show by NAB

AT BAL SAHYOG



About NAB

National Association for the Blind, Delhi is a pioneer in initiating services for Individuals with visual impairment and additional disabilities. The organization lays special emphasis on education and skill development and also building a strong partner presence who contribute in sharing views and ideas for helping the visually impaired. Benefitting from the quality education and opportunities provided by NAB Delhi, blind Individuals have reached amazing heights in their careers.

On 2nd August 2025, everyone present at Bal Sahyog became a live volunteer, wholeheartedly engaged in the incredible performances by the music band from the National Association for the Blind (NAB), a remarkable social welfare organization dedicated to empowering individuals with visual impairments. The events were a true celebration of talent and resilience, as the band mesmerized the audience with their soulful music and infectious energy. We extend our heartfelt congratulations and deepest appreciation to these extraordinary performers for their inspiring contribution. We wish them continued success and the very best in all their future endeavors.



Umeed Ka Taufa for Bal Sahyog Children

At the young age of 10, Mrigaanka, along with his 12-year-old brother Adhiraaj, came up with a heartwarming and thoughtful initiative for the children of Bal Sahyog. They envisioned a way to bring joy to these children by providing them with gifts that matched their desires and dreams. This idea, which they named "Umeed Ka Taufa" (The Gift of Hope), was driven by their pure hearts and a wish to make a difference. Their concept was simple yet powerful—on the 3rd of every month, they would visit Bal Sahyog to distribute gifts to the children, bringing smiles and hope to those who may not have the same opportunities as others.

This initiative by Mrigaanka and Adhiraaj is not just a beautiful act of kindness, but also a commendable lesson for all. Their selflessness and dedication at such a young age is truly inspiring. We are immensely grateful to both of them for their unwavering commitment and to their parents, who supported and encouraged their noble cause. The "Umeed Ka Taufa" movement serves as a reminder that every small act of kindness can create a ripple effect, inspiring others to also give back to their community and make the world a better place.



EXPOSURE VISITS

VISIT TO GANDHI MUSEUM

On 20th April 2025, the children of Bal Sahyog visited the Gandhi Museum for an educational and enriching experience.

During the visit, they explored various exhibits showcasing the life, principles, and contributions of Mahatma Gandhi. The trip provided the children with valuable insights into India's freedom struggle and inspired them with Gandhi's message of peace, truth, and non-violence.



VISIT TO QUTUB MINAR

On 20th April 2025, a group of enthusiastic children from Bal Sahyog visited the historic Qutub Minar in Delhi. The visit was both educational and enjoyable, offering the children a glimpse into India's rich architectural and cultural heritage. Their excitement and curiosity brought a special energy to the monument, making it a memorable day for everyone involved.

SESSION ON TEAM WORK

On 13th June 2025, the Kiran Nadar Museum of Art (KNMA) team organized an enriching exposure visit for the children of Bal Sahyog. As part of the visit, the museum conducted engaging art activities designed to inspire creativity and self-expression among the children.

The experience provided a valuable opportunity for them to explore the world of art in a nurturing and interactive environment.



VISIT TO CWC-IX ON ITS INAUGURATION AT JAMNAGAR

On 7th August 2025, the inauguration of CWC-9 Jam Nagar was held in the presence of the District Magistrate (DM), Sub-Divisional Magistrate (SDM), District Officer (DO), Secretary of Women and Child Development (WCD), and DCPU-XI. The event was graced by the cheerful presence of children from Bal Sahyog, adding warmth to the celebration. As part of the festivities, the Child Welfare Committee (CWC-IX) generously distributed gifts and snacks to the children, making the occasion even more memorable.



EXPOSURE VISIT TO KIRAN NADAR MUSEUM OF ART

On 4th June 2025, the Kiran Nadar Museum of Art organized a special exposure visit for the children of Bal Sahyog, offering them a unique opportunity to explore the world of art. The museum team not only guided the children through the exhibits, allowing them to engage with diverse art forms, but also conducted interactive art activities that encouraged creativity and expression. This initiative provided the children with an enriching cultural experience, fostering a deeper appreciation for art while nurturing their own artistic talents.



HABITAT DAY AT HUDCO

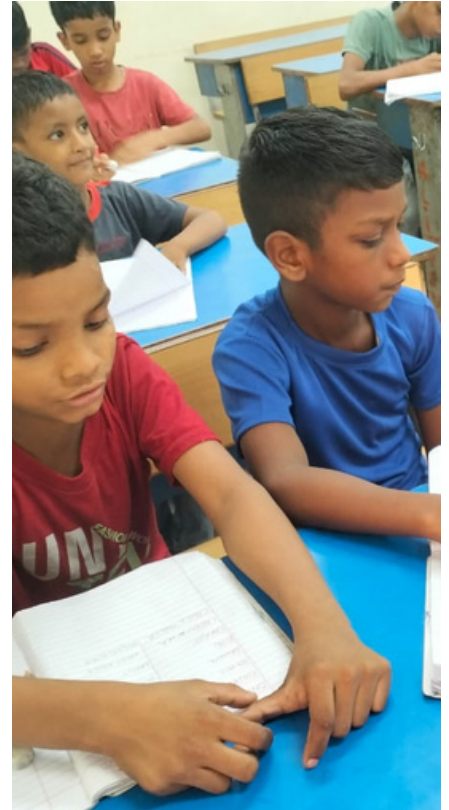
On 10th September 2025, the Housing and Urban Development Corporation (HUDCO) organized a special Dance Performance and Painting Competition for children, aiming to encourage them to engage with and understand important issues related to human settlements. The event provided an opportunity for young minds to express their creativity and form opinions on these social matters. Children from Bal Sahyog, in particular, showcased impressive performances and artworks, earning widespread appreciation from the HUDCO team for their talent and insightful perspectives. The competition was open to two age groups: 8 to 11 years and 12 to 14 years, with participants demonstrating remarkable enthusiasm and skill in both dance and painting.



SPONSORSHIP PROGRAMS BY ESSEL SOCIAL WELFARE FOUNDATION

Tuition Program for destitute children

Bal Sahyog, with the support of the ESSEL Foundation, has been providing specialized tuition to children at the Bal Sahyog Home in Connaught Place. Over the past six months, a total of 100 beneficiaries, ranging from Class 1 to 12, have received tuition in subjects such as English, Mathematics, Science, Physics, Chemistry, Biology, Economics, and Accountancy. Six dedicated tutors have been instrumental in supporting these students' academic growth. Along with subject-specific lessons, the children also engage in a variety of classroom activities designed to foster creativity, teamwork, and personal development, enhancing their overall learning experience and helping them build essential life skills.



Computer Literacy Program for Under-Privileged Children

Bal Sahyog is currently running a vocational "Computer Training Programme" with the support of the ESSEL Foundation, aiming to empower adolescents, men, and women by teaching them essential computer skills. This initiative is being carried out at various contact centres across Delhi, specifically in Karol Bagh, Wazirpur, and Connaught Place. In the last six months, more than 150 children have successfully received training in the fundamentals of computers, marking a significant milestone for both the participants and our team. This accomplishment highlights the positive impact of the programme in providing valuable skills that can open doors to further educational and employment opportunities.



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ESSEL SOCIAL WELFARE FOUNDATION	ATUL KUMAR MANGLA
	HLSA CHILDREN EDUCATION SOCIETY



How you can help us

- SPECIAL OCCASION BREAKFAST/LUNCH/DINNER CAN BE SPONSORED AT REASONABLE COST BY THE DONORS.
- SPONSOR AN OUTING FOR 40 CHILDREN OF YOUR CHOICE FOR A DAY BY PAYING RS. 8000/- OR ARRANGE A BUS FOR THEIR TRANSPORTATION.
- SPONSOR AN OUTING FOR UP TO 125 CHILDREN OF YOUR CHOICE FOR A DAY BY PAYING RS.22,000/- OR ARRANGE THEIR TRANSPORTATION.
- SHARE YOUR MOMENTS OF HAPPINESS BY CELEBRATING BIRTHDAYS OR ANNIVERSARIES OR FESTIVALS OR ANY OTHER EVENT.
- SPONSOR A CHILD FOR ONE YEAR (INCLUDING FOOD, SHELTER, CLOTHING, HEALTH, EDUCATION, GAMES, OUTINGS, ETC.) BY PAYING RS. 72000/- . (PAYMENT CAN BE MADE @ RS.6000/- PER MONTH).
- DONATION IN CASH OR KIND TOWARDS INFRASTRUCTURE MAINTENANCE AND DEVELOPMENT SUCH AS KITCHEN, TOILETS, DORMS, COOLERS, REFRIGERATORS, FANS, WATER HEATERS, EQUIPMENTS, PLAY GROUNDS, ETC.
- DONATION IN CASH OR KIND FOR SPECIFIC PURPOSE LIKE BLANKETS, WARM CLOTHES, BED CUSHIONS, BED SHEETS, PILLOWS, PLAY MATERIALS, CHILDREN CLOTHES, SLEEPERS, SHOES, SOCKS, LOCKS AND KEYS, ETC.
- VOLUNTEERING WITH BAL SAHYOG IN DIFFERENT WAYS.

YOU CAN DONATE EITHER IN CASH OR THROUGH CHEQUE/BANK DEMAND DRAFT DRAWN IN FAVOUR OF BAL SAHYOG OR THROUGH NET BANKING /NEFT/RTGS. THE DETAILS OF OUR BANK ACCOUNTS ARE AS UNDER:

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DONATIONS IN CASH UP TO RS. 2,000/- AND ALL DONATIONS MADE THROUGH CHEQUES, DEMAND DRAFTS, RTGS/NEFT, OR NET BANKING ARE EXEMPTED UNDER SECTION 80G OF THE INCOME TAX ACT OF 1961. DONATIONS MADE IN CASH EXCEEDING RS. 2,000/- WILL NOT BE ALLOWED AS DEDUCTION U/S 80G OF I.T. ACT.

FOR DONATIONS BY FOREIGNERS AND NRIS', PLEASE CONTACT, EXECUTIVE DIRECTOR (9599194802) / BAL SAHYOG, OPPOSITE L BLOCK, CONNAUGHT PLACE, NEW DELHI-110001, PHONE: 011-23411273/995.

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